# Family and Consumer Science





# For Students Who Enjoy

- Fashion and Apparel
- Cooking, Sewing, Food Science and Nutrition
- Design (both apparel and interior design)
- Financial Management and Family and Consumer Economics
- Child Rearing and Family Relations, Personal Wellness

### Possible Careers

Childcare Assistants, Community Worker, Emergency & Relief Workers, Personal and Home Care Aides, Teachers' Assistants, Childcare Facilities Assistant Director, Family and Consumer Sciences Teacher, Childcare Facility Director, School Counselor, Parent Educator, Psychologists, Dieticians, Counselor, Social Worker

### Courses Offered at Clover High School

(DESCRIPTIONS FOR EACH COURSE ON BACK

To be a 3-unit completer, a student must complete the following courses:

Family and Consumer Sciences

Family Life Education

Fashion, Fabric, and Design 1

# Student Organization

Family, Career and Community Leaders of America is a national Career and Technical Student Organization that provides personal growth, leadership development, and career preparation opportunities for students in Family and Consumer Sciences education.



# To be a 4-unit completer, a student must complete 4 of the following courses:

Family and Consumer Science 1

Family Life Education

Fashion, Fabric, and Design 1

Introduction to Culinary Arts Management

Culinary Arts Management

Introduction to Early Childhood Education

Early Childhood Education 1

Personal Finance

### **Course Descriptions**

#### Family and Consumer Sciences - 1 Unit - Grades 9-10

#### College Preparatory Prerequisites: none

This course is an introduction to all areas of family and consumer life. Areas studied include child development, sewing, foods and nutrition, personal and family relationships, and career education. Students learn basic skills in planning and preparing foods, construction of clothing, parenting and family relationships, and personal decisions. This course is recommended as a prerequisite to other family and consumer courses. **Students are required to buy their own fabric, patterns, and notions. [580800CW]** 

#### Family Life 1 - 1 Unit - Grades 10-12

#### College Preparatory Prerequisites: none

This course is designed to help students develop an understanding of various aspects of human relationships with emphasis placed on the unique needs and interests of individuals and families. Topics include physical, mental, emotional, social, economic, and psychological development. Students will develop skills to help them function effectively as adult members of society with special emphasis on the family as the basic social unit. A study of personality, self-concept, interpersonal relationships, solutions to crisis, dating, preparation for marriage, and parental skills are included. **[582009CW]** 

#### Fashion, Fabric, and Design 1 - 1 Unit - Grades 9-12

#### College Preparatory Prerequisites: none

Formerly *Clothing and Textiles*, this course includes the study of design principles and elements as applied to textiles and fabric. Use and care of the sewing machine, pressing equipment, and sewing tools and equipment are emphasized. Skills in construction of clothes are required. **Students are required to purchase their own fabric, patterns, and notions**. **[580409CW]** 

#### Introduction to Culinary Arts - 1 Unit - Grades 9- 10

#### College Preparatory Prerequisites: none

Introduction to Culinary Arts provides students with an introduction to the skills that are needed for the preparation and serving of a great variety of foods in the food preparation industry. These skills are required for Culinary Arts 1 and are necessary if the student is interested in pursuing a career in food preparation. Hands-on practice of these skills in the culinary arts kitchen is an integral part of the course. **Students must purchase chef's hat and coat.** Students are encouraged to participate in the Family, Community, Career & Leaders of America Club (FCCLA) which is an exciting and supportive co-curricular student organization affiliated with Culinary Arts. **[572200CW]** 

#### Culinary Arts 1 - 1 Unit - Grades 10-11

#### College Preparatory Prerequisite: Introduction to Culinary Arts &/or permission from CA instructor

Culinary Arts 1 focuses on advanced food safety practices and kitchen and food preparation basics. Students may also earn the ServSafe Food-Handler Sanitation certificate. Students are provided the opportunity to acquire marketable skills through various learning experiences in the kitchen and the classroom. The course also examines both the food and beverage industry and its career opportunities. Lab experiences and catering events simulate commercial food production and service operations. **Students must have chef's hat and purchase coat & pants. [572000CD]** 

#### Introduction to Early Childhood Education - 1 Unit - Grades 9-10

#### College Preparatory Prerequisites: none

This course is designed as an introduction of skills required for a career in the care, education, and administration of programs for young children. Students will develop skills in areas including developmentally appropriate practices, safe and healthy learning environments and collaborative relationships. Students will also complete five hours of community services. Academics and employability skills are integrated throughout the course. Units from this course could be applied to education and training, health sciences, business, and human services clusters. Integration of the Family and Consumer Sciences student organization, Family Careers and Community Leaders of America (FCCLA), enhances this curriculum. **[570200CD]** 

#### Early Childhood Education 1 - 1 Unit - Grades 10-11

*College Preparatory Prerequisites: Introduction to Early Childhood Education and must have passed all ninth grade core classes* This course provides an introduction in career planning, child development, regulations, safety, and related topics for students interested in a profession working with children. Learning experiences are planned so students can begin acquiring the skills needed by childcare workers to guide, instruct, and care for young children. Students will apply their skills by working in the childcare lab. Students must complete 5 hours of community service and job shadowing in the childcare field as part of this course. Priority will be given to students in the eleventh grade. [570000CD]